

Robin Crawley

has over 23 years experience as a Chiropodist and Podiatrist. He has successfully treated thousands of patients' foot problems in his career.

Robin qualified as a Chiropodist in 1988 with a Diploma from the School of Surgical Chiropody in Maidenhead. He has worked as a Chiropodist and Podiatrist continuously ever since. In 2003 he was awarded Fellowship of the School. Robin gained a Diploma in Podiatric Medicine in 2003, encompassing the treatment of Sports Injuries, Cryotherapy, Orthotics and Podiatric Biomechanics.

In 2007 Robin achieved a Bachelor of Science with Honours degree in Healthcare Practices (Podiatry) from Anglia Ruskin University.

Additionally in 2007 he gained a certificate in the use of Local Analgesia for Podiatry from New College Durham. Ensuring that Robin can use local anaesthetic professionally to painlessly remove ingrowing toenails.



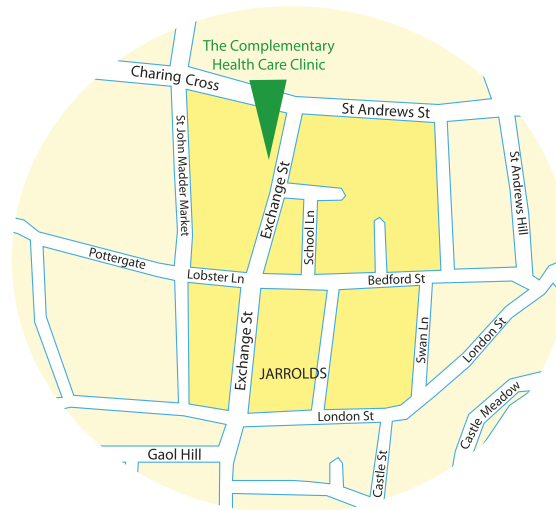
Professional Fees:

Chiropody and Podiatry:	£38.00 (½ hour)
Verruca Treatments:	£38.00 (½ hour)
Biomechanical Examinations:	£65.00 (1 hour)

Nail Surgery including the surgery appointment (one hour) plus two follow-up appointments: £320.00

Prescription Orthotics, (arch supports made and tailored specifically for you) including a Biomechanical Examination and 3D Laser Scanning: from £380.00

Robin accepts cash, cheque, credit or debit cards. Gift vouchers are available on request. Robin is an approved health care provider with many health insurance companies and is registered with the Health Professions Council.



Chiropody and Podiatry

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Cancellations must be made with at least 24 hours notice otherwise the full fee will be charged.

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CHIROPODY PODIATRY



Robin Crawley
BSc (Hons), FSSCh, DipPodMed, MBChA
Chiropodist and Podiatrist

Chiropody and Podiatry are medical foot treatments.

The titles Chiropodist and Podiatrist are interchangeable. Today the title Podiatrist is more commonly used because with the complexity of modern foot care it means "foot learning", and more accurately describes the nature of the profession. Podiatrists are foot experts. To legally use these titles one must be registered with the Health Professions Council.

Foot pain treated.

Do you have painful feet or heels?

Problems with the feet can cause discomfort in the body, especially leg and back pain. This is because painful feet can cause people to walk unnaturally to avoid pressure on the painful areas of their feet, which will subsequently affect their gait. Similarly problem joints and postural problems such as Flat-feet, Bunions, Achilles Tendonitis and Plantar Fasciitis (painful heels) can cause pain. These can often be alleviated by the use of Orthotics (arch supports).

Robin is an expert in Podiatric Biomechanics (the science of body movement and function in relation to the feet and legs) and has studied this subject widely in his degree. Robin has eased many of his patient's foot, leg and back pains by prescribing custom made Orthotics, which are made individually for each patient by a world class Orthotics Laboratory in the USA.

Robin often combines Orthotic therapy with the use of therapeutic ultrasound to reduce inflammation, along with foot manipulation and mobilisation to loosen affected foot joints.

Verruca treatments.

Hundreds of verrucae successfully treated each year!

Robin specialises in the treatment of verrucae (warts of the foot), utilising Cryotherapy and other treatments. Cryotherapy is a treatment to freeze verrucae to trigger an immune response so that the body eliminates the verruca.

Nails and hard skin.

Are your toenails, corns or calluses uncomfortable?

Whether you require a simple nail trim, treatment of fungal infections or the surgical removal of ingrowing toenails using Local Anaesthesia, Robin can help you. Corns (plugs of hard skin) are often easily treated, and callus (areas of hard skin) can be easily reduced.

"My whole family know Robin as 'The Foot Expert' ... say no more!"

Kate, Norwich

"Robin doesn't just treat feet. He gets to the root of the problem ...which is why I travel to see him."

Cary, Chelmsford

What happens during your treatment?

You are an individual.

During your first treatment a detailed medical history is taken which will include many aspects of your general health and especially your foot health.

This is undertaken in order to treat you holistically and to try to identify and underlying problems which may affect your foot care. A treatment plan is then decided upon which best addresses your needs.

Robin is registered under the provisions of the Data Protection Act (1998). All information given by you is held securely and confidentially.

All surgical instruments used are sterilised and separate sterilised instruments are used with each patient to reduce the risk of cross-infection. Your packet of instruments will be opened in front of you.

If nail surgery is required using Local Anaesthesia, problem nails such as ingrowing toenails can be removed permanently. For this procedure a preoperative appointment is needed to assess your suitability for this. A follow-up appointment can then be arranged to carry out the procedure.

For Prescription Orthotics, a Podiatric Biomechanical assessment is performed during which your joint movements are assessed and a 3D Laser Scan may be taken of your feet. The Orthotics Laboratory then use this data to manufacture your Orthotics which are tailored uniquely to suit your needs.

A range of problems can be treated including:

- Corns and Calluses,
- Toe nail cutting,
- Ingrowing toe nails,
- Traumatised and fungal nails,
- Fungal foot infections,
- Verruca (warts of the foot),
- Foot and Heel pain,
- Fallen arches and High arches,
- Diabetic foot care.

